

# Live Healthy DeKalb Coalition

The Live Healthy DeKalb coalition is a group of local organizations and residents working to create a healthier DeKalb County. Live Healthy DeKalb (LHD) has been active since 2005, after the merger of two similar coalitions.

LHD offers training, education and technical support through a network of community partners and volunteers. It supports chronic disease prevention initiatives across four domains: community, faith-based organizations, worksites and schools.

#### Mission

LHD's mission is to build a community network through collaborations and partnerships and to improve the health of those who live, work and play in DeKalb County, Georgia.

### Goals

LHD's goals are:

- To improve the overall status of health for those who live, work and play in DeKalb County.
- To increase knowledge of community issues.
- To expand partnerships in the community.
- To eliminate health disparities and increase the accessibility of health services.

### Who We Are

LHD is a group of diverse agencies and residents that represent all segments in DeKalb County. Members include:

- County agencies and cities, such as the City of Clarkston.
- Non-profit and voluntary groups such as the Center for Pan Asian Community Services and Georgians Against Smoking Pollution.
- Entities such as hospitals, insurance companies, universities and outpatient health care providers.

## What We Do

The LHD:

- Hosts meetings in alternate months to network and share information related to reducing health disparities, increasing physical activity, improving nutrition, increasing environmental consciousness and eliminating exposure to tobacco and tobacco smoke.
- Creates a presence in the community by providing awareness, outreach and education.
- Networks and builds relationships with others.
- Stays current on issues and resources in our community.
- Promotes and supports member agencies' activities.
- Discusses, strategizes and takes action on legislative happenings.
- Provides professional development workshops.



## Accomplishments

- 2017: Worked with the DeKalb County Board of Health to formalize the 2018 Mobilizing for Action through Planning and Partnerships process, a community-driven strategic planning method for improving community health.
- 2015-2016: Worked with the Board of Health to apply for accreditation from the Public Health Accreditation Board; accreditation was awarded in March 2016.
- 2014: Conducted, in collaboration with several community partners, a series of community health education presentations. Participated in a campaign to raise awareness about smoking and e-cigarettes among youth during Kick Butts Day and Red Ribbon Week.
- 2013: Assisted the Board of Health in launching the Go Green initiative.
- 2012: Co-sponsored, along with Board of Health's Steps to a Healthier DeKalb initiative, the DeKalb County School District's Healthy Schools Award to recognize programs and policies that promote a healthy school environment.
- 2010: Partnered with the Safe Routes to School program to increase the number and frequency of children walking or biking to school.
- 2009: Collaborated with the then-Georgia Department of Human Resources' Health Promotion Initiative to develop the Live Healthy in Faith toolkit, which assists faith-based organizations in implementing policy, systems and environmental changes; trained over 250 partners.
- 2008-2009: Played a key role in implementing the tobacco-free school policies passed in the City of Decatur and DeKalb County school systems.
- 2007: Was instrumental in the passage of a clean indoor air ordinance by the DeKalb County Board of Commissioners.
- 2006: Convened the DeKalb Healthy Business Council, to support wellness professionals through offering continuing education, disseminating best practices and providing networking opportunities. Assisted several worksites in adopting wellness policies and implementing environmental strategies.
- 2005: Worked with the Board of Health to pilot the Mobilizing for Action through Planning and Partnerships process that was developed by the National Association of County and City Health Officials and the Centers for Disease Control and Prevention. The Board of Health was one of the first local public health agencies in the country to pilot this model.



## **Member Benefits and Expectations**

## The benefits of being a Live Healthy DeKalb member are:

- Networking and collaborating with fellow members.
- Sharing information and learning about members' events and activities.
- Having access to DeKalb County data.
- Having access to fellow coalition members to help with community events.
- Having professional development training opportunities.
- Receiving coalition members' in-kind contributions of time, materials and meeting space.

## An individual who is a Live Healthy DeKalb member is expected to:

- Participate in coalition meetings and activities.
- Share information about their organization's activities.

## An organization that is a Live Healthy DeKalb member is expected to:

- Appoint a representative to participate in coalition meetings and activities.
- Authorize their representative to make decisions on their behalf, except for decisions that require input from their leadership.
- Keep the coalition informed of their organization's activities.
- Share information on fellow members' activities, events, reports and surveys within their organization and professional network and with their clients and the community.



**Member Profile** 

Name:			
Title (if applicable):			
Organization (if applicable):			
Address:			
City:	State:	_ ZIP:	
Telephone:			
Email:			
Website (if applicable):			
Membership type:	Individual		Organization
Areas of interest:	Health equity         Tobacco use prevention         Injury and violence prevention         Epidemiology		<ul> <li>Chronic disease</li> <li>Men's health</li> <li>Health promotion</li> </ul>

- I am committed to being an active member of the Live Healthy DeKalb coalition.
- I am committed to the mission, goals, objectives and strategies that have been and/or will be decided by the coalition.
- I am committed to planning and collaborating, and understand that these processes take time.
- I agree to acknowledge the coalition members' contributions and expectations.

Name (print): Signature:	
Date:	