

DEKALB COUNTY

# PARK

## PRESCRIPTION FOR KIDS

Rx FOR IMPROVING HEALTH

Outdoor play makes you strong.

Active play includes jumping rope, playing tag, riding your bike and playing sports.

A playground is a great place to spend time with your friends.

Outdoor play makes you happy.

[www.dekalbhealth.net/parkrx](http://www.dekalbhealth.net/parkrx)  
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Made possible with funding from the Centers for Disease Control and Prevention